

Chiropractic Health Centre opts for gentle touch

There's a new revolutionary technique in chiropractic care now being offered in London. In fact the London Chiropractic Health Centre on Oxford St. W is the only fully-integrated Network Spinal Analysis Centre in southwestern Ontario.

Network Spinal Analysis is a new method pioneered by American chiropractor, Dr. Donald Epstein.

The method relies on fundamental chiropractic principles that interference to the nervous system within the spinal column is detrimental to overall health. However, Network Spinal Analysis utilizes gentle contacts along the spine to release tension or interference thereby allowing the body to heal with a minimum of physical force.

"It's a soft, gentle approach," says director, Dr. Robert Eidt. The centre's transformation took place about three years ago after



Staff of London Chiropractic Health Centre at the recent Panty Prom for Women's Community House, (left to right) Dr. Robert Eidt, Dr. Rosemary Neumann, Dr. Tyler Eidt, Andriana Barisic, Dr. Gregory Roberts, Bobbi Hoffman and Tracy Harvie.

Dr. Eidt and associates, Dr. Greg Roberts and Dr. Tyler Eidt heard about this unique approach. Also, new to the practice is Dr. Rosemary Neumann who moved to London from Ottawa recently and has five years experience with Network Care.

Network adjustments or

"entrainments" consist of gentle contacts along the spine. "The body speaks in its own language through the parameters we are checking," Dr. Robert Eidt says. "The body tells us exactly where to make the contact in order to achieve the desired results."

The process begins with an orientation or education session for new practice members. "We let our practice members know what is involved, what to expect and the benefits of the care," Dr. Roberts says. "Network care has more to do with healing than curing. We educate our practice members to understand that symptoms are important messengers, and what can be done to truly regain their health and wellness."

The three key components to the entrainments are the following: melting down tension from the past, increasing a person's current energy level and developing adaptability to deal with stress now and in the future.

For more information on how you can benefit from Network Spinal Analysis, the wellness exhibition and the other wellness awareness presentations at the centre call 519-661-0285.



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